

Y Symbols

Yam - to protect.

Yelling - (the diaphragm works with the larynx). When the diaphragm is repeatedly agitated sensuously due to the ego's lower will, the larynx produces coarse, raucous and irritating voice tones and sounds.

Yellow - intellect.

Yellow and White (ark) – a pure and chaste intellect.

Yellow (canary) - inquisitiveness, curiosity. ***(121)*** - the key solar color of mystical healing for Virgo.

Yellow (chartreuse - light yellowish green) - neurosis tension, zeal, self-importance.

Yellow (clear) - lucid thoughts, honesty, integrity, pure intellect.

Yellow, Gold - pure reverence, humility, soul-power.

Yellow (mustard) (ark) - deception.

Yoga (crossed legged position) - contacting the saintly Bodhisattva levels.

Yoga (breathing techniques) - correlates to the soul's effulgent, emanation power.

Yoga (lesser techniques) - walking and speaking of mantrams through prayerful containment, meditation, and quiet.

Yoga (postures) (ark) - self-discipline and mastery techniques.

Yogurt (ark) - the rewards of spiritual effort in their first phases.

Young Boy - one has contacted Krishna or the boy Jesus who will teach him to be a fisherman of the souls of men. In this dream he is seen near an ocean. One may also encounter the boy Jesus in a similar dream. From such a dream one knows that he is under the care and direction of the Christ. He is also opening what is called in the Rishi teachings the Buddhi, which is centered directly over the seventh chakra. The Buddhi principle provides one with divine intuition, the higher discrimination. To unite with Buddhi is to have at hand always the answer to the question one is asked regarding spiritual life and law.