Dream Mantrams

In soft rounded tones, say one dream mantram every night before going to sleep over the next thirty days. The mantrams will assist you to rise above the lower astral planes in dreaming and to ward off dream imposters from entering your dream. It is important to unite with feeling while speaking the mantram. Observe the changes that occur in your dreams:

- 1. May I be receptive to the nights action instructing my soul from the Creator.
- 2. I walk with my soul into new dimensions of seeing, knowing and feeling on the wings of my intentions.
- 3. The flight of my soul takes me on wings of perception to the inner workings of the Cosmos.
- 4. Hope without faith leads to the desert of unfulfillment; hope with faith leads to a waterfall of grace.
- 5. I release myself completely to the night flight as the soul's ambassador.
- 6. Lord, Christ, Jesus; Lord, Christ, Jesus; Lord, Christ, Jesus.
- 7. My soul is the liberator of my conscience.
- 8. I am more than the body, the astral and the causal. May my soul reveal to me my true identity.
- 9. I release my silver cord to ride the rarefied dimensional dream waves of the night.
- 10. I am the light of the world.
- 11. May I awaken from the Maya dream into the dream of the real in super conscious awareness.
- 12. Spirit reborn; spirit I AM.
- 13. The star-grid is my spiritual home and playground.
- 14. I am strengthened in the Lord.
- 15. True Divine guidance awaits me this night.
- 16. I search for the light within the darkness and let go of all the shadows.
- 17. I stand as a sunflower in the field of illumination.
- 18. The virtues within my soul are as seedlings sprouting under the warmth and love pouring forth from the sun.
- 19. My consciousness is rising into Buddhi revelations.
- 20. I rise into the night on the wings of my angels to receive Holy instruction.
- 21. The light of the night is my Teacher; I am lucid in the Light.
- 22. The angels carry me on their wings of instruction to my lessons of the night.

- 23. The light of my inner sight is bright, leading the way.
- 24. My heart is at-one-ment with Thee, ready to traverse the Cosmos.
- 25. I am receptive to the Will and Plan of God for me.
- 26. The joy of my soul delights me and invites me to fill my cup.
- 27. Each dream I dream brings me closer to Thee.
- 28. I am transported to the star grid on the wings of my intent.
- 29. The frustrations of the day become the teachings of the night.
- 30. I am a visionary for God.